

Workplace Support for Neurodivergent Employees

What is Neurodiversity?

“**Neurodiversity**” is a word used to explain the unique ways people’s brains work. While everyone’s brain develops similarly, **no two brains function just alike**. Being neurodivergent means having a brain that works differently from the average or “neurotypical” person.

Some neurodivergent conditions are well known, for example, **Dyslexia, Anxiety, or ADHD**. These and countless other conditions may cause a neurodivergent person extreme **difficulties in the workplace**.

Your organisation has partnered with Digital Jumpstart to ensure that neurologically diverse employees are **given specialist support** known as ‘Access to Work’.



Access to Work
Making work possible

learn more at
[gov.uk/access-to-work](https://www.gov.uk/access-to-work)



Many neurodivergent people find it difficult to remain as productive at their job as they want to be, and this often leads to stress or dissatisfaction in the workplace.

We can help.

One of Digital Jumpstart's specialists would be happy to **meet with you** and discuss the challenges that your neurodiversity is causing you at work. We'll aim to get a good understanding of your job roles and responsibilities and do our best to **recommend ways of making your life easier**.

In a lot of cases, there are **simple solutions** that can make a big difference. For example, we have specialist **software** that's been designed for certain neurodivergent conditions and may be able to support you in your work. Or, perhaps our **workplace coaching** sessions could help you learn coping strategies and techniques that have worked for others with similar conditions.

If you think that you would benefit from a consultation, please **reach out to HR or your line manager** and they'll arrange for us to meet with you.

